

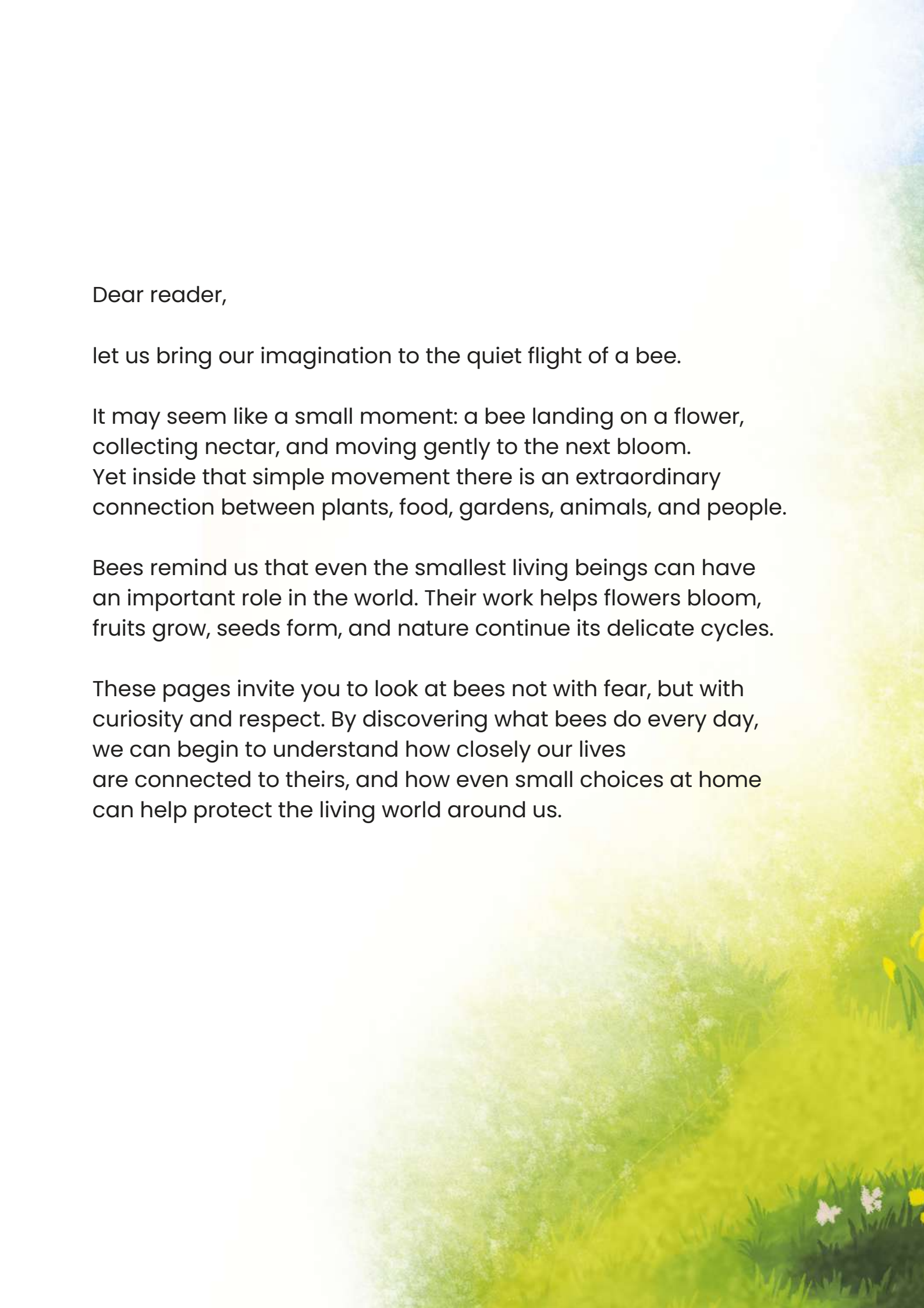
THE NATURE SISTERS

Why bees matter

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Illustrations by Celeste Allegra





Dear reader,

let us bring our imagination to the quiet flight of a bee.

It may seem like a small moment: a bee landing on a flower, collecting nectar, and moving gently to the next bloom. Yet inside that simple movement there is an extraordinary connection between plants, food, gardens, animals, and people.

Bees remind us that even the smallest living beings can have an important role in the world. Their work helps flowers bloom, fruits grow, seeds form, and nature continue its delicate cycles.

These pages invite you to look at bees not with fear, but with curiosity and respect. By discovering what bees do every day, we can begin to understand how closely our lives are connected to theirs, and how even small choices at home can help protect the living world around us.

Why bees matter

The warm afternoon sun shines over the farmhouse garden while bees move quietly from flower to flower among the lavender and wild herbs.

Dad kneels beside a patch of blooming strawberries and gently calls the girls closer.
“Come here,” he says softly. “Watch the bees carefully.”

Gaia and Gea crouch beside him while Arturo stretches out peacefully in the grass nearby. A small bee lands delicately on a white strawberry flower.

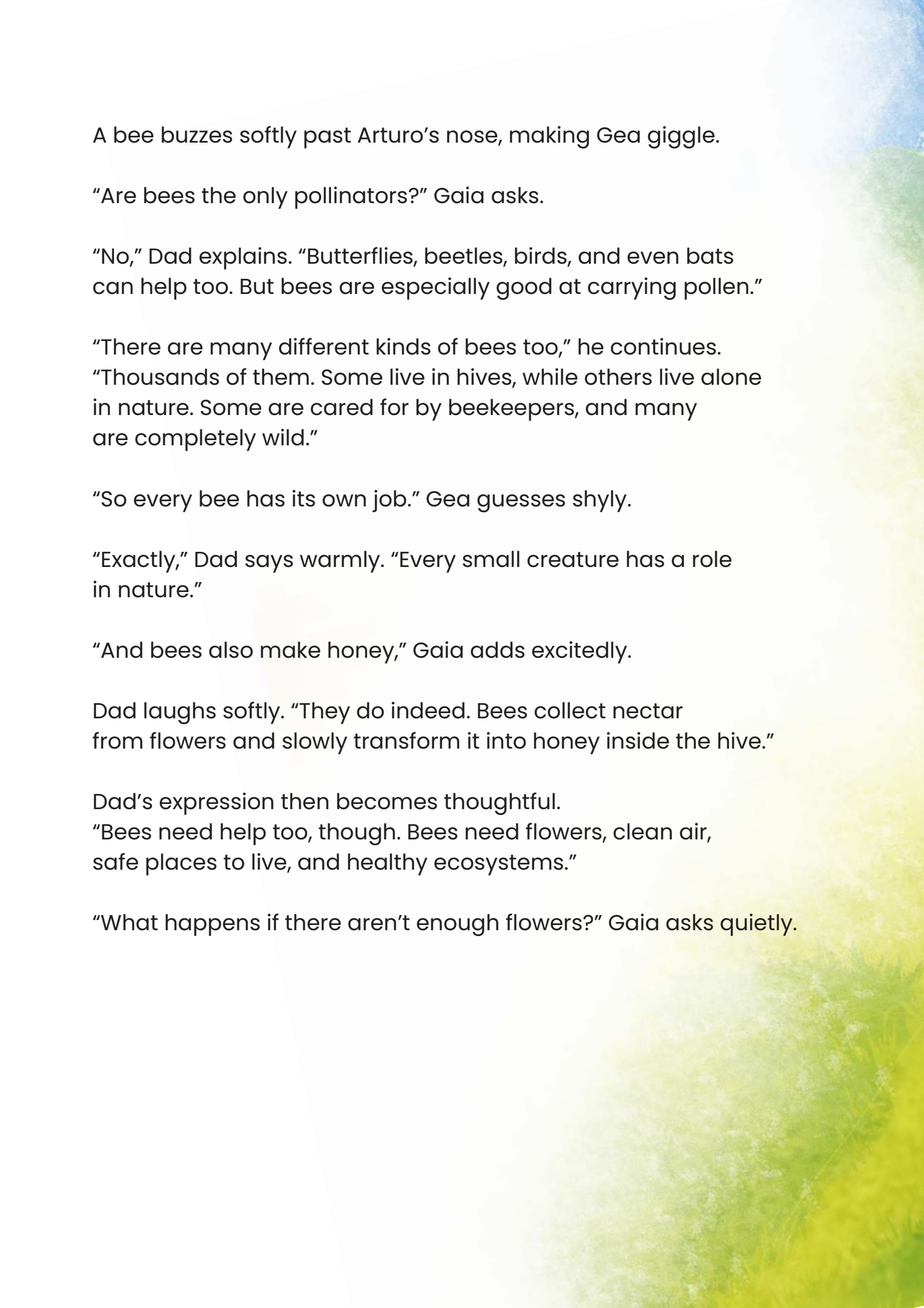
“Look,” Dad whispers. “The bee is visiting the flower to collect nectar and pollen.”

Gea watches with wide curious eyes. “It’s covered in yellow dust!”

Dad smiles. “That yellow dust is called pollen. Tiny grains stick to the bee’s fuzzy body while it moves from flower to flower. This is called pollination.”

Dad gently picks up a fallen blossom from the ground.

“Pollination helps many plants produce fruits, vegetables, and seeds,” he explains. “Without pollinators, many foods we love would become much harder to grow. Apples, strawberries, pumpkins, cucumbers, cherries... all of them depend, at least partly, on pollinators.”



A bee buzzes softly past Arturo's nose, making Gea giggle.

"Are bees the only pollinators?" Gaia asks.

"No," Dad explains. "Butterflies, beetles, birds, and even bats can help too. But bees are especially good at carrying pollen."

"There are many different kinds of bees too," he continues. "Thousands of them. Some live in hives, while others live alone in nature. Some are cared for by beekeepers, and many are completely wild."

"So every bee has its own job." Gea guesses shyly.

"Exactly," Dad says warmly. "Every small creature has a role in nature."

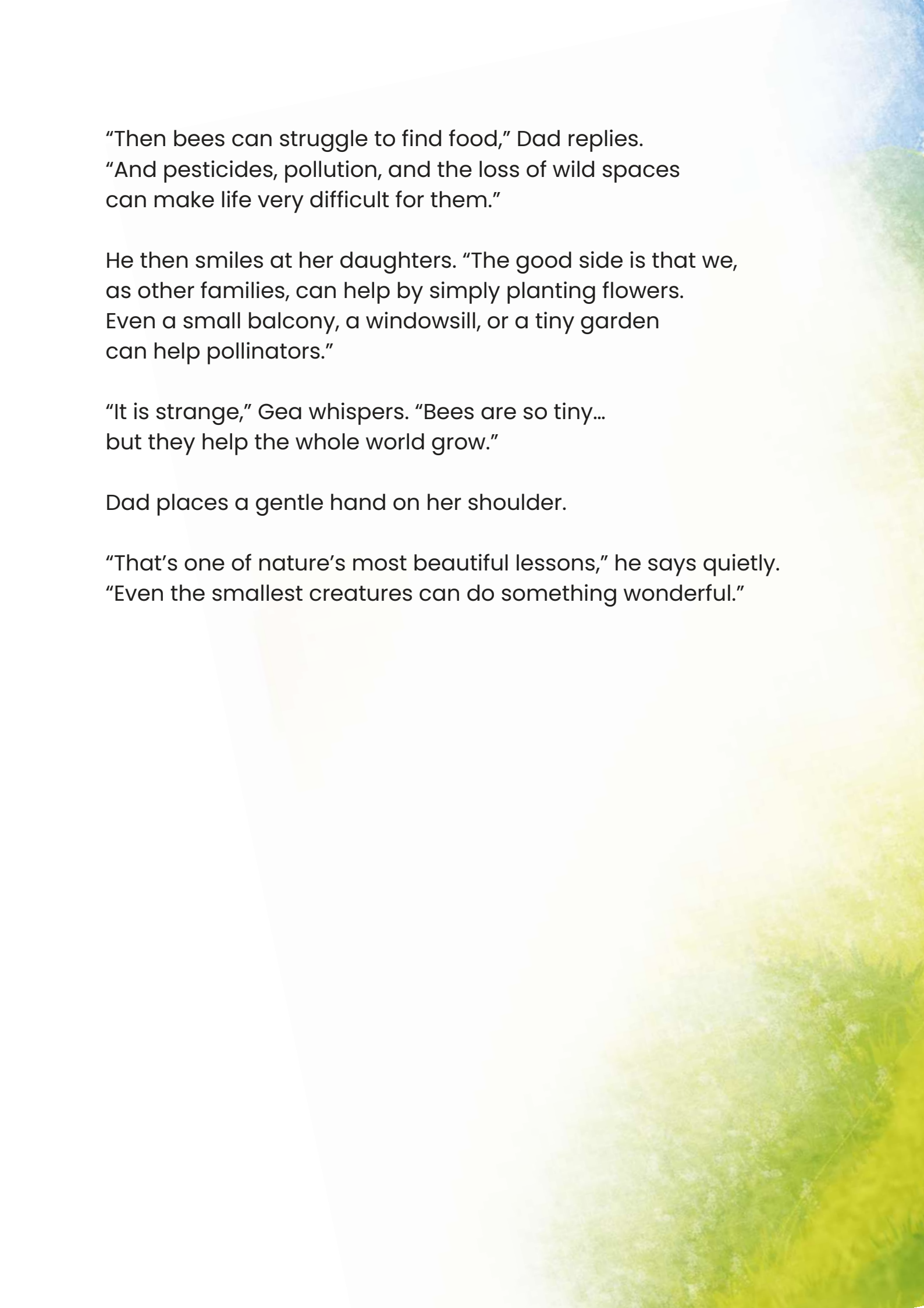
"And bees also make honey," Gaia adds excitedly.

Dad laughs softly. "They do indeed. Bees collect nectar from flowers and slowly transform it into honey inside the hive."

Dad's expression then becomes thoughtful.

"Bees need help too, though. Bees need flowers, clean air, safe places to live, and healthy ecosystems."

"What happens if there aren't enough flowers?" Gaia asks quietly.



"Then bees can struggle to find food," Dad replies.
"And pesticides, pollution, and the loss of wild spaces
can make life very difficult for them."

He then smiles at her daughters. "The good side is that we,
as other families, can help by simply planting flowers.
Even a small balcony, a windowsill, or a tiny garden
can help pollinators."

"It is strange," Gea whispers. "Bees are so tiny...
but they help the whole world grow."

Dad places a gentle hand on her shoulder.

"That's one of nature's most beautiful lessons," he says quietly.
"Even the smallest creatures can do something wonderful."

Spring

Book 1 – The synergistic garden

Book 2 – Honey and officinal herbs

Book 3 – The fruits of our work

Book 4 – The colours of the farm

Book 5 – An idea is born

